

Going abroad on holiday or business?

If you require travel advice to keep you safe while away please complete this form and hand it in at least **8 weeks** before you intend to travel. Providing accurate travel details will help us provide you with up to date ,relevant advice

Please complete this questionnaire and return it as soon as possible. (One form for each person travelling.)

The Practice Nurse will contact you to discuss vaccination requirements.

Personal details

Name	Date of birth
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Male Female

Telephone number where you can be contacted from 9am - 5pm home/work/mobile	
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Can a message be left	yes		No
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Dates of trip

Date of departure

Details about destination(s)

Country and location to be visited	Length of stay	Any additional information
1		
2		
3		
Do you plan to travel abroad again in the future? Y/N		

Please tick as appropriate below to best describe your trip

1. Type of trip	Business	Pleasure	Other
2. Holiday type	Package	Self organised	Backpacking
	Camping	Cruise ship	Trekking
3. Accommodation	Hotel	Relatives/family home	Other
4. Type of area staying	Urban	Rural	Altitude
5. Planned activities	Safari	Adventure	Other

Personal medical history

Do you have any recent or past medical history of note? (including diabetes, heart or lung conditions)

List any current or repeat medications

Do you have any allergies

Have you ever had a serious reaction to a vaccine given to you before?

Women only: Are you pregnant or planning pregnancy or breastfeeding?

Vaccination history

Have you ever had any of the following vaccinations/malaria tablets and if so when?

Tetanus	Polio	Diphtheria	
Typhoid	Hepatitis A	Hepatitis B	
Meningitis	Yellow Fever	Influenza	
Rabies	Other		

Malaria Tablets

CHARGES

Some travel vaccinations are free, but there are charges for some others. Please read over leaf for detailed cost

NHS PRESCRIPTIONS

The following vaccines are administered free of charge:
Diphtheria , Tetanus, Polio Typhoid; ; Hepatitis A.

PRIVATE PRESCRIPTIONS

The following vaccines must be obtained on a **Private Prescription** from a GP:

Hepatitis B; Rabies; Japanese Encephalitis; Tick-borne Encephalitis

Yellow fever (not available at Selkirk, but can be obtained at Teviot or O'Connell street HCs, Hawick or in Edinburgh.) **Anti-**

malaria tablets are also available on private prescription. *They may also be available over the counter at the pharmacy, depending on the type required.*

A "Prescribing Fee" of £15.00 is chargeable for issuing a private prescription. This is included in the "Administration Charge" shown below.

In addition, a Pharmacist may charge a fee covering the cost of the vaccine and for dispensing it against a Private Prescription. If so, you will need to pay this at the time of collecting your vaccine(s) at the pharmacy.

ADMINISTRATION CHARGE

The charges for administering travel vaccinations obtained on **Private Prescription** are:

1 item only:	£25.00	2 or more items	£36.00	
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Note: *These charges include the Private Prescription charge of £15.00*

Payment is by cash or cheque only. This is made at health centre reception on or before the day of your appointment. Please make cheques payable to: Selkirk Medical Practice

FOR OFFICIAL USE

Travel risk assessment performed	Yes		No		
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Travel vaccines recommended for this trip

Malaria prevention advice and malaria chemoprophylaxis

Malaria Risk Area	yes		No	
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Level	low	variable	high	
Malaria prophylaxis recommended				
Chloroquine and proguanil				Atovaquone + proguanil
Chloroquine				Mefloquine
Doxycycline				Malaria advice leaflet given

Other information sheets supplied	
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Any additional information

Patient contacted		
Prescription ordered		
Appointment made		